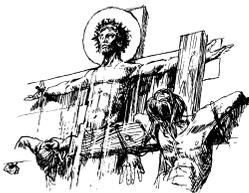


**The Fifth Sorrowful Mystery –  
The Crucifixion of Our Lord**

Heavenly Father, the depth of Divine Love was shown in Our Lord, who was faithful even to death on the cross. Teach us how to love and to forgive as he did.

**Our Father ~**



When they reached the place called The Skull, there they crucified him. (Lk 23:33)

**Hail Mary ~**

Jesus said, 'Father, forgive them; they do not know what they are doing.' (Lk 23:34)

**Hail Mary ~**

One of the criminals crucified with him said, 'Jesus, remember me when you come into your kingdom.' (Lk 23:39, 42; Mk 15:32)

**Hail Mary ~**

Jesus replied, 'Indeed, I promise you, today you will be with me in paradise.' (Lk 23:43)

**Hail Mary ~**

Near the cross of Jesus stood his mother and the disciple he loved. (Jn 19:25-26)

**Hail Mary ~**

Jesus said to his mother, 'Woman, this is your son.' Then to the disciple he said, 'This is your mother.' (Jn 19:26-27)

**Hail Mary ~**

From that moment the disciple made a place for Mary in his home. (Jn 19:27)

**Hail Mary ~**

A darkness came over the whole land, and the earth quaked; and the veil of the Temple was torn in two. (Lk 23:44; Mt 27:51)

**Hail Mary ~**

And Jesus cried out in a loud voice, 'Father, into your hands I commit my spirit.' (Lk 23:46)

**Hail Mary ~**

And bowing his head Jesus gave up his spirit. (Jn 19:30, Lk 23:46)

**Hail Mary ~**

**Glorify be to the Father ~**



O Lord Jesus, forgive us our sins, save us from the fires of Hell; lead all souls to Heaven, especially those in most need of thy mercy.

Hail Holy Queen, Mother of Mercy. Hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this vale of tears.

Turn then, most gracious Advocate, thine eyes of mercy towards us. And after this, our exile, show unto us the Blessed Fruit of thy womb, Jesus.

O clement, O loving, O sweet Virgin Mary. Pray for us O holy Mother of God, That we may be made worthy of the promises of Christ. Amen

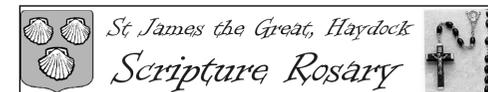
O God, whose only-begotten Son by his life, death and resurrection has purchased for us the rewards of eternal life; grant we beseech thee that, by meditating upon these mysteries of the most holy Rosary of the Blessed Virgin Mary, we may imitate what they contain and obtain thy promises, through the same Christ our Lord Amen.



In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

# The Five Sorrowful Mysteries

<www.stjamesthegreat.org.uk>



In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.

I believe in God, the Father almighty, Maker of Heaven and earth; and in Jesus Christ, his only Son, our Lord; who was conceived by the Holy Ghost, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, dead, and buried. He descended into hell; the third day he rose again from the dead; he ascended into heaven, and sitteth on the right hand of God, the Father almighty; from thence he shall come to judge the quick and the dead. I believe in the Holy Ghost, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.

**Our Father**, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done, on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses, as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil.



We ask that the gift of Faith might increase in us, and in all the world:

**Hail Mary**, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

**Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.**

We ask that the gift of Hope might increase in us and in all the world:

**Hail Mary ~**

We ask that the gift of Charity might increase in us and in all the world:

**Hail Mary ~**

**Glory Be to the Father**, and to the Son, and to the Holy Spirit.

**As it was in the beginning, is now, and ever shall be, world without end. Amen.**



**The First Sorrowful Mystery –  
The Agony in the Garden**

Heavenly Father, help us to feel sorrow for our sins, and give us your concern for the whole world. Teach us how to pray, and how to see and accept your Divine Will

**Our Father ~**



Jesus went with them to a place called Gethsemane. And sadness came over him, and great distress. (Mt 26:36-37)

**Hail Mary ~**

Then Jesus said, 'My soul is very sorrowful, even to death. Wait here and keep awake with me.' (Mt 26:38)

**Hail Mary ~**

Then Jesus withdrew from them, and knelt down and prayed. (Lk 22:41)

**Hail Mary ~**

'Father, if you are willing, take this cup away from me. Nevertheless, let your will be done, not mine.' (Lk 22:42)

**Hail Mary ~**

Then an angel appeared to him, coming from heaven to give him strength. (Lk 22:43)

**Hail Mary ~**

In his anguish Jesus prayed even more earnestly. (Lk 22:44)

**Hail Mary ~**

As Jesus prayed his sweat fell to the ground like great drops of blood. (Lk 22:44)

**Hail Mary ~**

Then Jesus came back to his disciples and found them sleeping, and he said, 'Could you not watch with me one brief hour?' (Mt 26:40)

**Hail Mary ~**

'You should be awake, and praying not to be put to the test.' (Mt 26:41)

**Hail Mary ~**

Jesus said, 'The spirit is willing, but the flesh is weak.' (Mt 26:41)

**Hail Mary ~**

**Glory be to the Father ~**

**The Second Sorrowful Mystery –  
The Scourging at the Pillar**

Heavenly Father, you were willing in your Son to experience human pain. Comfort those who suffer and grant them a happy issue out of all their afflictions.

**Our Father ~**



They had Jesus bound and handed him over to Pilate. Pilate questioned him, 'Are you the king of the Jews?' (Mk 15:1-2)

**Hail Mary ~**

Jesus replied, 'Mine is not a kingdom of this world; but yes, I am a king.' (Jn 18:36-37)

**Hail Mary ~**

Jesus said, 'I came into the world for this: to bear witness to the truth; and all who are on the side of truth listen to my voice.' (Jn 18:37)

**Hail Mary ~**

'Truth?' said Pilate, 'What is "Truth"?'; and with that he went out again to the Jews and said, 'I find no case against him.' (Jn 18:38)

**Hail Mary ~**

Pilate said, 'I shall have him flogged and then let him go.' Pilate then had Jesus taken away and scourged. (Lk 23:16, Jn 19:1)

**Hail Mary ~**

Isaiah said of the Messiah, 'He was despised and rejected by men, a man of sorrows and acquainted with grief.' (Is 53:3)

**Hail Mary ~**

He was oppressed and afflicted, yet he opened not his mouth, like a lamb that is led to the slaughter. (Is 53:7)

**Hail Mary ~**

Yet he was pierced through for our faults, crushed for our sins. (Is 53:5)

**Hail Mary ~**

Ours were the sufferings he bore, ours were the sorrows he carried. (Is 53:4)

**Hail Mary ~**

On him lies the chastisement that brings us peace, and with his stripes we are healed. (Is 53:5)

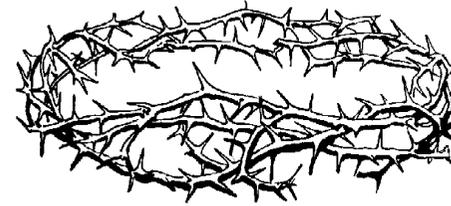
**Hail Mary ~**

**Glory be to the Father ~**

**The Third Sorrowful Mystery –  
The Crowning with Thorns**

Heavenly Father, so often the cares of this world have caused us to neglect your call. We ask you to help us to overcome the materialism of our lives.

**Our Father ~**



The soldiers led Jesus away to the Praetorium. Then they stripped him and dressed him up in purple. (Mk 15:16-17, Mt 27:28)

**Hail Mary ~**

The soldiers twisted some thorns into a crown. put it on his head and placed a reed in his right hand. (Mt 27:29)

**Hail Mary ~**

To make fun of Jesus they knelt to him saying, 'Hail, king of the Jews!' (Mt 27:29)

**Hail Mary ~**

They spat on Jesus and took the reed and struck him on the head. (Mt 27:30)

**Hail Mary ~**

Pilate took some water, washed his hands in front of the crowd and said, 'I am innocent of this man's blood. It is your concern.' (Mt 27:24)

**Hail Mary ~**

Jesus then came out wearing the crown of thorns and the purple robe. (Jn 19:5)

**Hail Mary ~**

'Here is your king,' said Pilate. 'Take him away!' The crowd said, 'Crucify him!' (Jn 19:15)

**Hail Mary ~**

Pilate said, 'Why, what harm has he done?' But they shouted all the louder, 'Crucify him!' (Mk 15:14)

**Hail Mary ~**

Pilate said, 'Do you want me to crucify your king?' The chief priests answered, 'We have no king except Caesar.' (Jn 19:15)

**Hail Mary ~**

So Pilate, anxious to placate the crowd, handed Jesus over to be crucified. (Mk 15:15)

**Hail Mary ~**

**Glory be to the Father ~**

**The Fourth Sorrowful Mystery –  
The Carrying of the Cross**

Heavenly Father, as we see your Son carrying his cross for us, we are ashamed of our impatient complaining. Help us to carry our lesser crosses as we follow in his footsteps.

**Our Father ~**



Jesus said, 'If anyone wants to be a follower of mine, let him deny himself.' (Lk 9:23)

**Hail Mary ~**

'... let him deny himself and let him take up his cross and follow me.' (Lk 9:23)

**Hail Mary ~**

Jesus was carrying his own cross as they led him out to crucify him. (Jn 19:16; Mk 15:21)

**Hail Mary ~**

They seized a man, Simon from Cyrene, and made him shoulder the cross and carry it behind Jesus. (Lk 23:26)

**Hail Mary ~**

Jesus had said to the crowds, 'Take my yoke upon you and learn from me.' (Mt 11:29)

**Hail Mary ~**

'Learn from me', he said, 'for I am gentle and humble in heart.' (Mt 11:29)

**Hail Mary ~**

'You will find rest for your souls, for my yoke is easy and my burden is light.' (Mt 11:29-30)

**Hail Mary ~**

Large numbers of people followed Jesus, many of them women who mourned and lamented for him. (Lk 23:27)

**Hail Mary ~**

But Jesus turned and said, "Daughters of Jerusalem, do not weep for me; weep rather for yourselves and for your children." (Lk 23:28)

**Hail Mary ~**

Jesus said, 'If they do this when the wood is green, what will they do when it is dry?' (Lk 23:31)

**Hail Mary ~**

**Glory be to the Father ~**